An important message from the Ridley Township Board of Commissioners

As news about the new worldwide health concern, coronavirus, continues to spread, we want to pass along to our residents some information from the Centers for Disease Control & Prevention (CDC) concerning the coronavirus (COVID-19). Here is some information about the virus and what you can do about it.

While CDC considers COVID-19 to be a serious public health concern, based on current information, the immediate health risk to the American public is considered low at this time. There is currently no vaccine to prevent COVID-19 infection. The best way to prevent infection is to avoid being exposed to this virus. Residents may experience similar symptoms to the coronavirus since it is cold and flu season, and it is always best to contact your doctor if you are experiencing any symptoms. However, unless you have traveled to the affected areas in the world, there is little concern for exposure to COVID-19. As a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

These are everyday habits that can help prevent the spread of several viruses. CDC does have specific guidance for travelers. This is an emerging, rapidly evolving situation and CDC will provide updated information as it becomes available, in addition to updated guidance at their website www.cdc.gov/coronavirus.