



Ridley Rec Happenings

A message from our Recreation Board:

Please accept our best wishes for a happy and healthy 2022! We invite all Ridley residents to participate in our recreational programs. If you need information on any of our programs, contact our Recreation Director, Peg Whelan at pwhelan@ridleytwp.org or 610-522-0557.

Register in advance for all programs at the Ridley Township Municipal Building, Monday through Friday (excluding holidays), 9:00am to 4:00pm or online at www.ridleytwp.org – click on “Parks and Recreation”.

Zumba GOLD Fitness Class

Zumba GOLD is a fitness program that brings Latin & global dance rhythms from the original Zumba program at a lower intensity for beginners, active older adults and/or individuals who want to experience Zumba at a lower level. Those new to or returning to fitness, those with physical/learning limitations, as well as individuals who have completed a physical rehab program can participate as well!



- The **Winter Session** will be held Tuesday evenings, January 4, 2022 through February 22, 2022 from 6:30pm to 7:30pm.

- The **Spring Session** will be held Tuesday evenings, March 22, 2022 through May 3, 2022 from 6:30pm to 7:30pm.

***NEW* EARLY SESSION ON MONDAYS**

We will also offer an **Early Session** beginning Monday, January 10, 2022 through March 28, 2022 from 11:00am to 12:00pm (no class on January 17th or February 21st).

All classes will be held at Ridley's Creekside Center, 794 Milmont Avenue, Swarthmore, PA. Cost is \$55.00 per person, per session.

Yoga Class

Take a moment to breathe and move mindfully. Certified Yoga Instructor Kim Eckler will guide the class in exploring their flexibility, balance, strength & relaxation. This six-week class welcomes all ability and age levels. Class will be held on Wednesday evenings at 7:00pm at Ridley's Creekside Center, 794 Milmont Avenue, Swarthmore, PA. There will be 2 sessions:

- **Session 1:** January 5th to February 9th

- **Session 2:** February 23rd to March 30th

All levels, all ages are welcome. **Cost is \$80.00 per person, per session. Participants must bring their own mat. Register online only as space is limited to 20 participants.**

Hall Rentals



Looking to rent a place for your next special event? Ridley Township has three facilities available for rent.

Leedom Community Hall, Darby Road, can accommodate up to 50 guests, **Water's Edge Banquet Room at Ridley Marina**, 500 North Lane, can accommodate up to 120 guests and **Ridley's Creekside Center**, 794 Milmont Avenue, can accommodate up to 180 guests. Contact the Ridley Township Municipal Office at 610-534-4800 for more information.



Adult Pediatric CPR/AED Training

This course will be conducted by the American Red Cross and incorporate the latest science by teaching students how to respond to breathing and cardiac emergencies for children & adults. Ideal for teachers, coaches & parents! Participants who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED. Course open to ages 16 & over and will be held on **Saturday, March 26, 2022** from 9:00am to 12:30pm at the Ridley Community Center, 801 Morton Avenue, Folsom, PA. The cost is \$85.00 per person. *****The American Red Cross requires participants wear a mask for the duration of the class*****

Babysitter Training Class

This course, conducted by the American Red Cross, will provide young people ages 12-16 with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. The training will help participants develop skills in leadership, professionalism, basic care, safety, safe play & first aid. Class will be held **Saturday, March 19, 2022** from 9:00am to 4:30pm, with (2) 15-minute breaks and a 30-minute lunch break (please bring your own lunch), at the Ridley Community Center, 801 Morton Avenue, Folsom, PA. The cost is \$90.00 per person. Class will be capped at 10 participants. Registration deadline is Tuesday, March 15, 2022.

*****The American Red Cross requires participants to wear a mask for the duration of the class*****

Spring Basketball League



The Annual Spring League will begin with **evaluations on March 28 & March 31, 2022. Players in grades 6, 7 & 8 will be held 6:00pm to 6:45pm and players in grades 9 & 10 will be held 6:45pm to 7:30pm** at the Ridley Community Center. **Games will begin April 4, 2022** and will be played Monday and Thursday evenings at the Ridley Community Center. The league is open to boys and girls in grades 6 to 10 (**no exceptions**). The league will consist of seven games plus playoffs and will cost \$70.00 per player. **The league is capped at 90 players, so register early!** Call the Recreation Office at 610-522-0557 if interested.

Spring Craft Classes

Class Instructor Sharon Boyle will hold craft classes featuring Spring-themed crafts on Monday evenings, **March 7, 14 and 28, 2022** from 6:30pm to 9:00pm in Room 108, Ridley Community Center. Cost is \$90.00 per participant. **Participants MUST bring their own scissors, glue gun and glue sticks.** All other supplies will be provided.



Sports Registration Information

Information on early registration for sports programs can be found on the following websites:

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| • Folsom Athletic Association | www.leaguelineup/folsomathletic |
| • Kedron Youth Association | www.kedron.org |
| • Nall Athletic Association | www.leaguelineup/nall |
| • Swarthmorewood AA | www.leaguelineup/swarthmorewoodaa |
| • Ridley Area Little League | www.ridleyarealittleleague.org |
| • Ridley Boys Youth Lacrosse | www.ridleyyouthlacrosse.com |
| • Ridley Girls Youth Lacrosse | www.ridleygirlsyouthlax.com |
| • Delco Lacrosse Club | www.delcolc.com |
| • Ridley United Soccer Club | www.ridleyunitedsoccer.org |
| • Ridley Raiders Youth Football | www.leaguelineup.com/ridleyraidersyouthfootball |
| • Ridley Rough Riders Wrestling | www.ridleyroughriderswrestling.com |
| • Ridley Jr. ABA Basketball | www.ridleyjraba.com |

Ridley Township Public Library & Resource Center

For information on upcoming programs for infants, children and adults, please visit the Ridley Township Public Library & Resource Center's website at www.ridleylibrary.org.

